



AMERICAN ACADEMY OF AESTHETIC MEDICINE

WORLD LEADERS IN AESTHETIC MEDICINE & COSMETIC SURGERY

DIPLOMA COURSE IN AESTHETIC MEDICINE – LEVEL 2 (5-DAY COURSE) October 04-08, 2024 Cairo, Egypt

Day 1: October 04, 2024
Faculty: Dr Nadine Hamada

COSMETIC DERMATOLOGY

08:30 – 10:00 AM	<ul style="list-style-type: none">➤ Sun Protection for Any Skin Type➤ Pigmentation Disorders Management➤ Acne Management<ul style="list-style-type: none">• Classification & Etiology• Treatment & Complications➤ Rosacea Management<ul style="list-style-type: none">• The triggers and treatments➤ Management of Hypertrophic Scars and Keloids➤ Hair Loss Management and Treatments
10:00 – 10:15 AM	COFFEE BREAK
10:15 – 12:15 PM	<ul style="list-style-type: none">➤ Treatment of Stretch Marks➤ Cellulite Management
12:15 – 12:30 PM	Daily Test on Cosmetic Dermatology - (MCQ)
12:30 – 01:30 PM	LUNCH
01:30 – 03:00 PM	LIVE DEMONSTRATION on Cosmetic Dermatology <ul style="list-style-type: none">• Keloid of Hypertrophic Scar• Hair Loss Treatment
03:00 – 03:15 PM	COFFEE BREAK
03:15 – 05:30 PM	PRACTICAL HANDS-ON WORKSHOP on Cosmetic Dermatology <ul style="list-style-type: none">• Keloid of Hypertrophic Scar• Hair Loss Treatment
05:30 PM	End of Day 1



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Day 2: October 05, 2024

Faculty: Dr Marcelo Suarez-Bigetti

FACIAL ANATOMY, COMBINED TREATMENTS & SCLEROTHERAPY

08:30 - 09:30 AM	<ul style="list-style-type: none">• Review of Facial Anatomy with Volunteers using Colored Pencils• Combined Treatments
09:30 – 10:30 AM	INTRODUCTION to FACE THREAD LIFT
10:30 – 10:45 AM	COFFEE BREAK
10:45 – 11:30 AM	INTRODUCTION to FAT GRAFTING
11:30 - 12:50 PM	<p style="text-align: center;">SCLEROTHERAPY IN AESTHETIC MEDICINE</p> <ul style="list-style-type: none">• Introduction to Phlebology• Treatment of Telangiectasias and Varicose Veins• Lifestyle and Conservative Medical Management – Sclerotherapy• Vascular Laser
12:50 – 01:00 PM	Daily Test on Facial Anatomy, Face ThreadLift, Fat Graft & Sclerotherapy - (MCQ)
01:00 – 01:05 PM	Group Photo Session
01:05 – 02:00 PM	LUNCH
02:00 – 05:30 PM	LIVE DEMONSTRATION and PRACTICAL HANDS-ON WORKSHOP on Sclerotherapy (Spider Veins Injection)
05:30 PM	End of Day 2



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Day 3: October 06, 2024

Faculty: Dr Marcelo Suarez-Bigetti

MESOTHERAPY & PRP

08:30 – 10:30 AM	<p>MESOTHERAPY</p> <ul style="list-style-type: none"> • History of Mesotherapy • Definition & Characteristics • Pharmacology • Injection Devices • Techniques & Depth of Injection • Dermatological Mesotherapy in your Daily Practice <p>INDICATIONS:</p> <ul style="list-style-type: none"> • Traditional and Lipodistrophy • Facial Rejuvenation (Mesoglow/Mesolift)
10:30 – 10:45 AM	COFFEE BREAK
10:45 – 12:45 PM	<p>PRP INDICATIONS</p> <ul style="list-style-type: none"> • Facial and Hand Rejuvenation • Hair Restoration • Acne and Scar Treatment <p>PRP TECHNIQUES</p> <ul style="list-style-type: none"> • Platelet Harvesting • Reducing Platelets, Poor Plasma • PRP Preparation
12:45 – 01:00 PM	Daily Test on MESOTHERAPY & PRP (MCQ)
01:00 -02:00 PM	LUNCH
02:00 – 03:15 PM	<p>LIVE DEMONSTRATION and PRACTICAL HANDS-ON WORKSHOP on MESOTHERAPY</p> <ul style="list-style-type: none"> • Facial Rejuvenation • Lipolysis and Cellulites
03:15 -03:30 PM	COFFEE BREAK
03:00 – 05:30 PM	<p>LIVE DEMONSTRATION and PRACTICAL HANDS-ON WORKSHOP on PRP</p>
05:30 PM	End of Day 3



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Day 4: October 07, 2024

Faculty: Dr Nadine Hamada

BOTULINUM TOXIN A – ADVANCED INDICATIONS & TECHNIQUES

08:30 – 10:30 AM	Introduction: What is Beauty? BOTULINUM TOXIN TYPE A <ul style="list-style-type: none">• Analysis of Facial Beauty• Pharmacology of Botulinum Toxin A• Frown Lines and Brow Lifting• Periocular Rejuvenation
10:30 - 10:45 AM	COFFEE BREAK
10:45 – 01:00 PM	<ul style="list-style-type: none">• Periorbital Rejuvenation• Platysmal Band Rejuvenation• Hyperhidrosis• Management of Complications from Botulinum Toxin A Injections Daily Test on Botulinum Toxin – (Advanced Indications) - (MCQ)
01:00 – 02:00 PM	LUNCH
02:00 – 03:00 PM	LIVE DEMONSTRATION on BOTULINUM TOXIN TYPE A (ADVANCED INDICATIONS)
03:00 – 03:15 PM	COFFEE BREAK
03:15 – 05:30 PM	PRACTICAL HANDS-ON WORKSHOP on BOTULINUM TOXIN TYPE A (ADVANCED INDICATIONS)
05:30 PM	End of Day 4



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Day 5: October 08, 2024

Faculty: Dr Nadine Hamada

SKIN FILLERS – ADVANCED INDICATIONS & TECHNIQUES

08:30 – 10:30 AM	FILLERS <ul style="list-style-type: none">• Hyaluronic Acid Fillers for Facial Aesthetic Enhancement• Calcium Hydroxylapatite Facial Sculpting• Facial Sculpting with Poly –L Lactic Acid• Advanced Volume Restoration of the Lower Face
10:30 – 10:45 AM	COFFEE BREAK
10:45 – 01:00 PM	FILLERS <ul style="list-style-type: none">• Restoration of Lip Volume and Definition using Facial Fillers• Advanced Volume Restoration of the Aging Face• Blunt Facial Cannula Technique• The Role of Topical Agents and Regional Blocks• Management of Complications from Fillers Injections Daily Test on Fillers – (Advanced Indications) - (MCQ)
01:00 – 02:00 PM	LUNCH
02:00 – 03:30 PM	LIVE DEMONSTRATION on FILLERS (ADVANCED INDICATIONS)
03:30 – 03:45 PM	COFFEE BREAK
03:45 – 05:30 PM	Continuation of PRACTICAL HANDS-ON WORKSHOP on SKIN FILLERS (ADVANCED INDICATIONS)
05:30 PM	Level 2 Ends – Feedback & Distribution of Certificates

NOTE: Course content can be modified, depending on AAAM curriculum changes and the days can be switched within the course period